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THE FIVE MESSAGES EXPERIENCE

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My wife and I attend the twice monthly LCN meetings in the Las Vegas area, and I have been astounded to find I experience such dramatic changes in conscious awareness with the simple experience of listening to sounds through headphones. An example was an experience when listened to the Five Messages CD from the Gateway Experience Set. I usually don't have many images during meditation, but they come spontaneously with Hemi-Sync often. The first message was The Tower of London bridge which to me means a sense of connectivity. The next image was of a white dog which made me think and feel family. The next image was of two marble hands in a prayerful position suggesting a worshipful attitude towards life. The fourth image was of a duck symbolizing gratitude. The final image was of an orange ball symbolizing radiance. My overall feeling was of warmth and gratitude.

The most important feelings I had included worshipful radiance and connected the brightness of the orange ball. The intensity of the marble hands and the busyness of the London Tower Bridge left me feeling exultant thoughtful and in awe. After the CD was completed, I felt an increased sense of awareness both within and without which I took home with me, which expanded into an extraordinary contact with the world around.